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## WHY DO GIRLS PIMP GIRLS?

WITH TRIAL SET TO DELVE INTO ALLEGED TEEN-PROSTITUTION RING IN ONTARIO, POLICE ARE FINDING BOTH PERPETRATORS AND VICTIMS OF HUMAN TRAFFICKING ARE SKEWING YOUNGER

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Sean Miller and his wife, Doris, have started a crowd-sourcing campaign to raise money for a documentary about Sean's journey from severe schizophrenia to now living medication and symptom-free. SHANE GIBSON/METRO

# Winnipeg pair journeys beyond mental illness

**Path to health.** Living Without Mental Illness is a documentary about man's struggle with schizophrenia



SHANE  
GIBSON

shane.gibson@metronews.ca

A Winnipeg man and his wife, who say a relatively new approach to treating mental illness silenced his symptoms of schizophrenia, are telling their story on film to help others.

Sean Miller and his wife, Doris, started an online fundraising campaign last week to raise the \$15,000 needed to film, produce and distribute a documentary about the therapy they say changed their lives.

"It felt like these thoughts

### Film funding

To help fund the documentary and find out more about the project, search "Living Without Mental Illness" at [indiegogo.com](http://indiegogo.com).

that I couldn't shut off or control were intruding into my life," said Sean of the symptoms that eventually led doctors to tell Doris to leave him. "My world shrank.... There was just impending doom, consistently and persistently."

After symptoms started in 1996, Sean was finally diagnosed in 2005 and doctors suggested he spend the rest of his life in chronic care.

That's when Doris, a nurse, read about the work of Florida-based physician Dr. Don Colbert, and Targeted Amino Acid Therapy, which works

to restore neurotransmitter function.

It didn't happen overnight, said Doris, but a few months after Sean started taking a blend of supplements to level out his neurotransmitter numbers, she began to see a change.

By 2008 the voices had disappeared, and in 2011 Sean's doctors said he was ready to stop taking prescription medications for schizophrenia.

"It's totally different now," said Doris. "Within a year and four months of that doctor telling me I should leave, I found the beginning of the answer that would help us dig ourselves out."

Now Sean wants to reach others suffering from mental illness, medical professionals and public policy makers with the film, which follows the couple's journey and includes interviews with the doctors who helped.

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# Katz welcomes dismissal of conflict-of-interest case



Mayor Sam Katz says he was "very humbled" by the support he's received from Winnipeggers.

BERNICE PONTANILLA/METRO

**Mayor.** Restaurateur slapped with \$10,000 in court costs



BERNICE PONTANILLA

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He's not worrying about things he has no control over.

That's what Mayor Sam Katz said on Friday when asked if he's concerned about restaurateur Joe Chan possibly appealing the dismissal of the conflict-of-interest case against him.

"The only thing that I know from the actions that were taken today was that when someone is ordered to pay \$10,000 in costs, that's a very big slap," said Katz.

"To me, that's the decision, that's the end of this, and now we continue doing what we've always been doing, trying to make Winnipeg a better city to live, work, play and invest in,

and I'm glad it's over with."

Katz also addressed the statement Justice Brenda Keyser read while delivering her decision, in which she said he "exhibited at best bad political and ethical behaviour" and it will be up to voters in the next civic election "to decide what weight to attribute to this behaviour."

"I think in every election voters decide. Every time you run that's where the voters make their decision, and, as you know, I've now run three times and the voters have always decided that they wanted me as their mayor, and I think a lot of people have seen exactly what this was all about," he said.

Katz also said he was "very humbled" and quite surprised by the number of people who emailed, called and texted him to convey their support.



Follow Bernice Pontanilla on Twitter @MetroBee

1 NEWS

## Limo companies protest airport decision



Limo companies are upset about changes in the way they do business at the Winnipeg James Armstrong Richardson International Airport. BERNICE PONTANILLA/METRO

Numerous limousines were spotted at the Winnipeg James Armstrong Richardson International Airport on Friday, but they weren't there to pick up famed stars.

Instead, Winnipeg's limousine companies were protesting a decision by the Winnipeg Airports Authority (WAA) that they feel threatens their livelihoods.

As of Monday, the limo companies are not allowed

to conduct business at the airport since the WAA has not renewed their contracts, said a spokesperson for the drivers in a press release.

"Winnipeg James Armstrong Richardson International Airport placed a tender on their website that is allowing one limousine company to come in and take over," said the release. "Winnipeg companies are

now scrambling to figure out how to save their companies that have hard-working employees."

Christine Payne, director of communications for the WAA, said a request for proposals (RFP) was made earlier this year for one limousine company to bid on the "on-demand" work — basically picking people up curbside.

On-demand makes up

about 40 per cent of a limo's total service. The other 60 per cent is composed of pre-arranged pickups, which won't be affected by the RFP.

The WAA hopes to standardize the on-demand service by using just one company.

"Nobody is not being able to service the airport," said Payne.

BERNICE PONTANILLA/METRO

### Redwood Avenue

#### Victim possibly stabbed over smokes: Police

Police are investigating after a man was stabbed in the North End early Saturday, apparently over cigarettes.

A 50-year-old man was outside his home in the 500 block of Redwood Avenue around 4:30 a.m. when two males approached and asked for a



Police investigate a stabbing on Redwood Avenue Saturday. A man was taken to hospital in unstable condition and later upgraded to stable. HOWARD WONG/METRO

smoke.

Police said that's when the two suspects began assaulting the victim and stabbed him in the upper body.

The man was taken to hospital in unstable condition, but he was later upgraded to stable.

The first suspect is described as aboriginal, 19 to 20 years old and five-foot-10 with a thin build.

The second suspect is aboriginal, 19 to 20 years old and five-foot-eight or five-foot-nine with a mus-

cular build.

Anyone with information should call police at 204-986-2848 or Winnipeg Crime Stoppers at 204-786-TIPS.

METRO

### McDermot Avenue

#### Man in stable condition after shooting

A Winnipeg man is in stable condition after he

was shot on McDermot Avenue Saturday.

Winnipeg police said the man was shot in the upper body just before 10:30 a.m. in the 500 block of McDermot Avenue.

He was taken to hospital in stable condition.

Winnipeg police said they have no descriptions of suspects at this time.

The incident is being investigated by the major crimes unit. Anyone with information is asked to call 204-986-6219.

METRO

## Baseball. Goldeyes fans invited to vote for 20th Anniversary Team

The Winnipeg Goldeyes are inviting fans to make their mark as the reigning American Association champions enter their 20th season.

Fans are now invited to vote for who they'd like to see on the 20th Anniversary Team.

"This is a great way to begin our 20th anniversary season and give our fans the opportunity to be part of the process," said Andrew Collier, Goldeyes general manager, in a press release.

"It has been 19 great years of Goldeyes baseball. We are proud of our history and the

many players that have suited up for the organization.

"Our fans will once again be able to salute their favourite players by voting for them each day."

Fans can complete a ballot once a day via Goldeyes.com until June 2.

The 20th Anniversary Team will consist of a catcher, first baseman, second baseman, third baseman, shortstop, designated hitter and closer, two utility players, three outfielders and five starting pitchers and relief pitchers.

BERNICE PONTANILLA/METRO



Winnipeg Goldeyes fans can vote for who they would like to see on the 20th Anniversary Team. BERNICE PONTANILLA/METRO

# 2011 flood response hindered by forecasting, old tech: Report

## Emergency measures.

Review posits the province reacted well overall despite shortcomings

The Manitoba government relied on outdated technology and inexperienced forecasters as it faced record flooding in 2011, says an independent review.

Even the model used to predict how high rivers would rise was out of date, according to the report of a task force headed by civil engineer David Farlinger.

"The flood forecasting model being used ... is a snowmelt model and is unable to produce reliable runoff forecasts for rainfall events," says the report released Friday.

"Contrary to traditional understanding, most of the largest floods in Manitoba are the result of rainfall on

## Prediction problems

It was the province's forecasting that bore the brunt of the report's criticism.

- Longtime chief flood forecaster Alf Warkentin had recently retired and his replacements had between six months and three years of experience.
- The forecasters relied on an outdated data management system that made slow work of amassing weather data from areas upstream, the report says.



An independent report backs the Manitoba government on their moves during the flood of 2011, but not their efforts beforehand. METRO FILE

top of, or shortly after, the snowmelt event."

The report said that generally the province reacted well to flood waters that forced 7,100 from their homes. About 2,000 people have not yet returned two years later.

Unprecedented rainfall in April and May upstream in

Saskatchewan caused the Assiniboine and other rivers to rise sharply.

The report backs the government's decision to divert extra water from the swollen Assiniboine through the Portage diversion channel into Lake Manitoba — a move that many homeowners

along the lake say added to already-high lake levels.

The report also backs the government's move to cut a hole in the riverbank near Hoop and Holler Bend, which eased pressure on the river toward Winnipeg, but flooded nearby farmland.

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# Airstrike kills 11 children: Officials

## Afghanistan.

Interior Ministry says U.S.-led coalition killed six Taliban in operation

A fierce battle between U.S.-backed Afghan forces and Taliban militants in a remote corner of Afghanistan left nearly 20 dead, including 11 Afghan children killed in an airstrike and an American civilian adviser, Afghan officials said Sunday.

The U.S.-led coalition said it was assessing the incident but could not confirm that civilians were killed.

It also stressed that the airstrikes were requested by international forces. A strike in the same area, which killed 10 civilians last year, prompted Karzai to ban his forces from requesting coalition airstrikes.

Officials said the airstrike occurred after a joint U.S.-Afghan force faced hours of heavy gunfire. The country's



An Afghan boy sits on his cart as he waits for customers in the old town of Kabul on Sunday. Civilian deaths have prompted a ban on Afghan forces requesting airstrikes. ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

Interior Ministry said six Taliban were killed in the battle.

The battle unfolded on Saturday, the same day that six Americans were killed in violent attacks. The deaths capped one of the bloodiest weeks of the nearly 12-year-old war. On Wednesday, insurgents ambushed a courthouse in the west, killing more than 46 people. **THE ASSOCIATED PRESS**

## Fighting season

The skirmish on Saturday showed Afghanistan's spring fighting season is underway.

- **Test.** This year's will be closely watched because Afghan forces will have less international support.

## Liberal leadership race. Trudeau buzz drowns out opponents as vote begins

Liberals have begun casting ballots to choose a leader they hope will guide them out of the political wilderness.

Voting began shortly after the six contenders made their final sales pitches at a national showcase on Saturday.

Some 127,000 Liberal party members and supporters are eligible to vote. The results will be announced next Sunday.

The outcome has been widely seen as a foregone conclusion since Justin Trudeau launched his campaign last October.

Trudeau's grand entrance, accompanied by throbbing music and throngs of chanting, placard-waving supporters, was in stark contrast to the others' subdued demonstrations.

The front-runner used his final pitch to launch a pre-emptive strike against the Conservative attacks that are inevitably coming if he wins.

He challenged claims that he's inexperienced and that his popularity is solely based on fondness for his father, former

prime minister Pierre Trudeau.

"I know there are those who say this movement we're building is all about nostalgia.... Let's face it, they say that it's about my father," Trudeau said.

"Well, to them I say this: It is. It is about my dad.... It's about all our parents and the legacy they left us, the country they built for us," he said.

None of his rivals dared make any direct attacks on Trudeau, whose supporters dominated the crowd.

**THE CANADIAN PRESS**



Justin Trudeau THE CANADIAN PRESS

## Toronto

### Police say women sexually assaulted teen in parking lot

Police are searching for four women, all in their 30s, after a 19-year-old male was allegedly sexually assaulted in a downtown parking lot in Toronto on Saturday night.

The teen met the suspects at a nightclub in the city's entertainment district, Toronto police say. He left the club with the women after they offered him a ride home.

According to police, the 19-year-old was driven to a parking lot where he was allegedly sexually assaulted by all four suspects.

The teen was released after the attack, and the women fled in a silver Honda SUV.

All suspects are described as white and between 30 and 36.

They were last seen wearing short black dresses and high heels.

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# Human-trafficking trial set to begin

**Ottawa.** Three teen girls charged with assaulting, robbing other teens, and forcing them into prostitution



JESSICA SMITH  
jessica.smith@metronews.ca

A human-trafficking and prostitution trial set to begin in Ottawa youth court on Monday is expected to shed light on how police came to accuse girls as young as 15 of running a prostitution ring.

Ottawa police say the female victims were lured online by the accused to social events, then taken to an Ottawa Community Housing unit. There, police allege, the girls were assaulted, threatened and driven to another location and forced to perform sex acts with johns.

Two of the accused were 15 and one was 16 at the time of the alleged crimes last year. They are charged with human trafficking, procuring for prostitution, forcible confinement, robbery, assault and uttering threats.

The victims were 13 to 17 years old at the time. The first victim was sexually assaulted and robbed of her iPod, clothing, makeup and bag between May 16 and 19, court documents allege.

The second victim was trafficked on May 30 to 31, court documents say. The youngest victim, aged 13, was the last. She was allegedly trafficked by the girls on June 3.

The mother of one of the victims told Metro after the arrests last year that the accused teen girls offered her daughter a chance to become a prostitute. After she refused, they turned their sights on her.

"They said you can be an escort and make lots of money," said the woman,

## The bigger picture

- Public Safety Canada defines human trafficking as "recruitment, transportation, harbouring or exercising control, direction or influence over the movements of a person in order to exploit that person." Many victims are forced into prostitution; others are forced into labour.
- About 90 per cent of Canadian human-trafficking charges are domestic and don't involve people crossing international borders.
- Between 2001 and 2011, police forces across the country laid 31 charges against young offenders (under 18) for living off the avails of prostitution and procuring for prostitution.
- It's rare for a minor to be charged with human trafficking.

who, to protect her daughter's identity, cannot be named. "She asked them, 'Isn't that when you have sex for money?' and they said, 'Yeah, you can make a lot of money.' She said, 'No, I don't do that,' and it escalated after that.

"As simple as that, and then they turned," she said. "There was three against one."

The woman said her daughter is still terrified after being robbed, beaten, held for hours, forced into an encounter with a john and threatened repeatedly with having her throat slit.

"She beat my daughter mercilessly in the face and the nose, kept punching her over and over again," she said of one of the accused.

Her daughter was confined, but escaped and came home, she said.



A young woman works the corner of Gerrard and Jarvis streets in downtown Toronto. Police say that the victims and perpetrators in human-trafficking cases are often surprisingly young.

TONY BOCK/TORSTAR NEWS SERVICE FILE

## Coercion. Cops seeing young victims, victimizers

Victims and perpetrators in human-trafficking cases are often younger than anyone would like to believe, says a detective who specializes in prostitution cases.

Det. Mark Benallick works in the special-victims section of the Toronto police force. His officers lay a human-trafficking charge, which carries a maximum prison sentence of 14 years, when they see a victim being controlled and exploited through threats and coercion.

"We're finding a lot more of these occurrences where it's younger people, under the age of 18, even 16, who are being victimized and turned out to work in the sex-trade industry," he said.

"The people who are exploiting them aren't much older," he added. "I guess the stereotype that a lot of people think of is of somebody much older, savvy to the business and knows how to play the game. But it's young people who are realizing just how lucrative prostitution can be."

Most of the prostitution-related trafficking in Ontario is domestic, he said. "It's happening right here. One day they're posting on the Internet out in Kingston and then the next day they're in Barrie. You can follow that trail."

Benallick cites the case of a 16-year-old girl accused of delivering two girls she was living with in a group home to a prostitution ring in Toronto. The courts will take her situation and age into account, he said.

"But there comes a time where you have to make choices, and now you've crossed a line: Maybe you're not so much a victim anymore; you're choosing to victimize someone else."

The full effect of human-trafficking laws remains a grey area, since some major cases are still working their way through the courts.

"The human-trafficking charges have only been around since 2006. It's building. With every year, there are new cases that go through the system that build the case-law base that we have," he said. JESSICA SMITH/METRO



Mark Benallick

## Female violence rooted in family dysfunction

### Girls pimping girls not new: Researcher

It's not uncommon for girls to become pimps and to force or procure other young girls into prostitution, says a professor who researches violence among girls.

Sibylle Artz, former director of the School of Child and

Youth Care at the University of Victoria, began researching violent girls in the 1990s and also studied the case of Reena Virk, a 14-year-old girl who was beaten and murdered by teenagers near Victoria in 1997.

In the wake of the Virk case, Canadians were searching for answers for how girls could be so aggressive and violent. Artz's research offers some explanations.

"In talking about prostitution, we're talking about the power over other people's bodies," she said.

Girls who pimp out other girls typically come from deprived backgrounds and family problems, where unhealthy views about women mean they are quickly turned into sex objects, Artz said.

"The whole idea that a woman is a sexual commodity is very clearly spelled out

in the minds of those among whom these girls live," she said. "They see that one way to become powerful and in control is to be the person who is the perpetrator rather than the victim."

Boys who pimp often follow a similar path.

"It's a terribly sad story," she said. "But it's a reflection on some level of the propensity to see girls and young women as saleable commodities."

When the public is scared or shocked upon learning about young girls committing acts of violence, it's a good thing, she said.

"I'm glad we're shocked. That we are shocked is an indication that this is something we don't hold as a norm. What we have to figure out is how to help these girls, and certainly we have to figure out how to help their victims."

JESSICA SMITH/METRO



# Student editing help gets Wikipedia crabby

## 'Anyone can edit?'

Online encyclopedia isn't quite as keen on crowdsourced content as previously thought

A recent dust-up between Wikipedia and Canada's largest university raises questions about how collaborative the popular website that bills itself as "the free encyclopedia that anyone can edit" truly is.

The online information portal recently took a professor from the University of Toronto to task for one of his classroom assignments.

Steve Joordens urged the 1,900 students in his introductory psychology class to start adding content to relevant Wikipedia pages. The assignment was voluntary, and Joordens hoped the process would both enhance Wikipedia's body of work on psychology while teaching students about the scientist's responsibility to share



Psych 101: Part of Wikipedia's entry on psychologist Abraham Maslow. SCREENGRAB/WIKIPEDIA

knowledge.

But Joordens's plan backfired when the relatively small contingent of volunteer editors that curate the website's content began sounding alarm bells. They raised concerns about the sheer number of contributions pouring in from people who were not necessarily well-versed in the topic or adept at citing their research.

Discussions in the Wikipedia community became very heated with allegations that articles were being updated with erroneous or plagiarized informa-

## Too many cooks

"I assumed that the current core of editors was extremely large and that the introduction of up to 1,000 new editors would be seen as a positive."

University of Toronto professor Steve Joordens

tion. Some community members called for widespread bans on university IP addresses and decried the professor's assignment as a needless burden on the community.

Joordens issued a statement defending his students, saying only 33 of the 910 articles edited were tagged for potential problems. But he also acknowledged that he did not understand the limited scope of the Wikipedia editorial community, which boasts a few thousand members compared to the more than 488 million people who visit the site every month. **THE CANADIAN PRESS**

## Foreign workers. RBC facing customer backlash over report

The Royal Bank of Canada was scrambling to explain its hiring practices to customers Sunday after a media report claiming the bank was employing foreign workers to replace Canadian staff prompted a flood of outrage.

Canada's largest bank said it has not hired foreign workers to take over the job functions of current employees, but said it uses external suppliers as one of its strategies to improve "operational effectiveness."

The bank's move to clarify its hiring strategies came after a CBC News report that quoted a Toronto employee working in IT systems support for RBC Investor Services who said he and

## Online outrage

- On Facebook, a Boycott Royal Bank of Canada group had more than 1,800 "likes" by Sunday evening.

dozens of others were losing their jobs to temporary foreign workers.

RBC said it would discuss the situation with government officials. That wasn't enough to placate a number of Canadians who took to the Internet to express their anger at what many called unfair hiring practices.

**THE CANADIAN PRESS**



RBC says it has not hired foreign workers to take over the job functions of current employees. **THE CANADIAN PRESS FILE**

## Providence, R.I.

Empty 'Superman building' is symbol of economic slide

Rhode Island's tallest building will soon be the most visible symbol of the state's long economic decline.

The skyscraper, known as the "Superman building" for its similarity to the Daily Planet headquarters in the old TV show, is losing its sole tenant this month. It's a blow for the state, which had 9.4 per cent unemployment in February and has had one of the worst jobless rates in the U.S. for years.

**THE ASSOCIATED PRESS**

## Jerusalem

Hackers target Israeli websites

A weekend cyberattack campaign targeting Israeli government websites failed to cause serious disruption, officials said Sunday. The attacks followed warnings by hacking group Anonymous that it was launching an attack. **THE ASSOCIATED PRESS**



# MAYOR SAVED BY BAD WRITING

You know what really saved Mayor Katz's job in his conflict-of-interest trial last week? It wasn't his innocence, the skills of his lawyer or the bumbling of his opponent.

It was bad writing.

Yes, Katz has the convoluted language in Manitoba's Municipal Council Conflict of Interest Act to thank for getting him off the hook.

The act is filled with legal terms and confusing statements, including references to "ex parte applications," eight instances of the word "notwithstanding," and a section entitled "Presumption of indirect pecuniary liability." I ran that phrase through an online readability scoring tool, and it broke the Internet.

Then take this gem, section 16 of the act, which formed the crux of the argument that Katz was wrong to spend \$3,000 of city money on a holiday party at his own restaurant in December 2010: "No councillor shall, himself or through any other person, communicate with another councillor or with an



URBAN COMPASS

Colin Fast

winnipeg@metronews.ca

officer or employee of the municipality for the purpose of influencing the municipality to enter into any contract or other transaction, or to confer any benefit, in which the councillor or any of his dependants has a direct or indirect pecuniary interest."

Umm, what? According to the readability tool, you'd need 30 years of education to understand that passage. So it's not surprising every lawyer, pundit and reporter in town has a different interpretation.

My take on it — with the help of a dictionary and a Grade 11 law class — is that Katz communicated with his own staff (employees of the municipality) for the purpose of having the city pay for a holiday party (enter into a transaction)

at his restaurant, in which he had a direct financial (pecuniary) interest. Sounds logical, right?

However, Justice Brenda Keyser read that section differently. And since she has a law degree and a fancy robe, Katz got away

with just a harsh rebuke from the judge, who said he exhibited "bad political and ethical behaviour," but didn't violate the act.

Meanwhile, local restaurateur Joe Chan, who brought the case against Katz, was hit with a bill for \$10,000 in court costs, which will surely put a chill on anyone else who might think of raising conflict-of-interest charges in the future.

Could this ruling give municipal politicians the green light to funnel money unchecked to their own business interests?

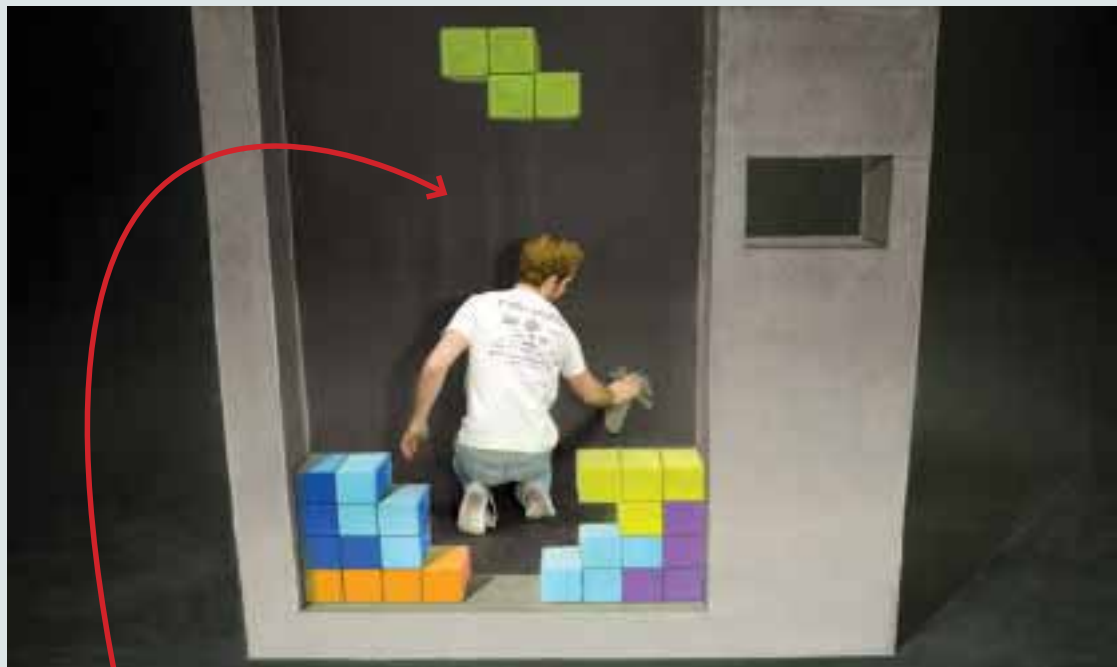
Not if the provincial government steps in with a big red pen and rewrites the act in plain language to make it clear: a) what constitutes a conflict of interest; and b) how offenders should be punished.

The province did something similar with the Election Financing Act in the past year, and the end product is actually readable, for a law anyway. Not a single "notwithstanding" in the entire text.

So, while Katz remains in office, hopefully his trial will result in the conflict-of-interest act getting tossed out and replaced with a revised law that any citizen, judge or mayor can easily understand.

## ZOOM

# Chalk this one up to dedication



CHRISCARLSONART.COM

## The next level of Tetris: flip-book art

Artist Chris Carlson is known for his anamorphic 3D stop motion videos. Using chalk, he draws different images and animates them by taking different pictures of his work and putting them together like a flip-book.

In his latest video, he

pays homage to the iconic puzzle game Tetris.

Although art is his passion, Carlson didn't always set out on this path. He initially went to business school and received a finance degree. However, after seeing 3D chalk drawings on the Internet, he decided to give it a try.

METRO WORLD NEWS

## Game boy



"I needed some art for my walls. It was the first time I tried to do a painting so I did a lot of abstract work."

Chris Carlson, on his first project.

## Just a block of time

# 40 hours

It took Carlson 40 hours to complete the 50-second video, which he did in four 10-hour days.

"There were days where I thought I was going to go crazy in the studio drawing Tetris block after Tetris block," he admitted.

Visit [chriscarlsonart.com](http://chriscarlsonart.com).

## That's one good cup of coffee. Café provides job training to those in need

### News worth sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate people, inspiring projects and stories worth celebrating. Here's just one.

L'Arche Tova Café recently celebrated its first anniversary. But this lovely little café in Transcona isn't just a place to gather for a cuppa and a chat.

It's also a social enterprise that provides practical job-skills training, particularly in a restaurant setting, for people with developmental disabilities. The café is an initiative of L'Arche Winnipeg, which aims to build a caring and accepting community for people with developmental disabilities in Winnipeg.

"Every member who is part of the training program has a job coach assigned to them," says Diane Truderung, acting director of fund development and communications at L'Arche Winnipeg.

A job coach helps members as they move through their assigned tasks and encourages them to try new things.

Truderung says having someone with them while they're working helps members build confidence and supports their development. She also keenly notes the growing acceptance of people with developmental disabilities in the community.

"Our members refer to people who come into the restaurant as their friends. It's wonderful to see."

CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of the international charity and educational partner Free the Children. Its youth empowerment event, We Day, was in eight cities across Canada this year, inspiring more than 100,000 attendees. Email them for more information and to get involved. Help the good news get around. Send your stories to [goodnews@metowe.com](mailto:goodnews@metowe.com) and we'll share them right here.

### For the latest

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Harrison Ford and Chadwick Boseman star in *42*, which opens this Friday. HANDOUT

# Ford's pitch for civil rights

**Baseball breakthrough.** Star doesn't know much about sports, but he has plenty to say about issues of equality



**NED EHRBAR**  
Metro World News in Hollywood

Before you ask, Harrison Ford doesn't want to talk about Star Wars. Or Indiana Jones or other franchises that he may or may not be taking part in again. "Ain't going there," he offers simply. And he's not much interested in the broader workings of Hollywood as an industry as far as why certain types of films have a better chance of getting made

than others. But social justice issues? He has plenty to say about those. That's a big reason why he took on the part of Brooklyn Dodgers general manager Branch Rickey, the man who brought Jackie Robinson on as the first African-American player in major league baseball.

**You were a kid when the events in *42* happened.**

I was born in 1942. I wasn't a big baseball fan, so I think it went largely unnoticed in our family. My parents were old-style Democrat liberals and they were very interested in social justice, but because we weren't so involved in baseball we didn't really so much notice, and I think they were very involved and vocal when it came to the civil rights

movement years later, but by then I had fled the nest. So I vaguely knew that something was happening, but I wasn't a sports fan, didn't follow sports.

**Did you ever become a baseball fan?**

Nope, nope. You know, I learned what I needed to learn about the business of baseball, what was going on in baseball and who these characters were that were coming into my office as elements in the story. But that's the depth of my knowledge.

**Do you see any parallels between Robinson's story and the current battle for marriage equality?**

I think there's a metaphor you can reach for, according

to your own interests and your own understanding and your own issues. But trying to create the best expression of the ideals — the most equal society, the best-regulated society, the best-behaving society — depends on attending to equality and inequity whenever it rears its ugly head. Certainly the marriage issue conveniently falls into that category.

**It's remarkable how quickly opinions on it have been changing over the last few years.**

Yeah, things do change quickly at a tipping point, as it builds and it builds and it builds until there's a moment where the balance of opinion, the weight of experience and the understanding comes to a point

where the scales tip in the other direction. We're getting there, we're getting there. You know, you would hope that it would have happened with less resistance. You would have hoped that everyone would get the point at the same time, but life's not like that.

**You recently worked for a bit on *Anchorman 2*.**

I went to Atlanta to do a cameo in *Anchorman 2* — if you call that work. It felt like a goofy dream. It's a whole different ball of wax.

**Is that character anything like the TV news man you played in *Morning Glory*?**

Dangerously close, unless what I did to get distance between the two of them worked.

2 SCENE

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**madness**

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metronews.ca  
Monday, April 8, 2013



Wendy Williams thought she'd be a newscaster, but quickly changed her mind. GETTY IMAGES

## How you doin', Wendy?

**Syndicated.** Talk show host credits part of her success to her over the top personality

MEREDITH  
ENGEL  
[scene@metronews.ca](mailto:scene@metronews.ca)

Wendy Williams opens the door to her dressing room wearing fuzzy green frog slippers. She takes a seat on her couch, which is adorned with a plush pink throw pillow. Despite the girliness of the room, Williams — hanging loose post-show in a wavy blond wig — has a serious business side to her.

It's to be expected from the mogul, whose syndicated daytime talk show has been renewed through 2014 on FOX and is airing new episodes in June and July (most daytime talk shows go on a summer hiatus).

All of this television success was never the original plan for Williams, who built her career in radio and as a young woman thought she'd be a newscaster. But the life

of a news person, Williams soon discovered, wasn't what she really had mind.

"You've got to live a newscaster's lifestyle," she says. "You've got to be married to the right guy, have the right hairstyle, your nails have got to be a particular length, you cannot be seen having fun. That's not fair, but it's the way newscasting is, so I said I'm gonna go with this radio thing. Once I got on the radio I was sideswiped by it and I never looked back."

Williams attributes the success of her show to her producing staff and also her TMI personality.

"One of the fatal flaws of my personality that my parents would attest to is, 'You've given too much information. Everybody didn't need to know that Aunt Florence is wearing a wig and she's in the bathroom readjusting,'" she says. "I think people feel comfortable with people that they get to know long enough."

Williams says one of her missions as a talk-show host is to make her guests comfortable.

**'A lot of boob'**

"When people walk through the double doors and you see my whole colourful crowd ... it can take you back, even as a trained actor. And then you're being hugged by a six-foot-five black woman with a lot of hair and a lot of boob — it's a lot!"

Wendy Williams

"When people walk through the double doors and you see my whole colourful crowd ... it can take you back, even as a trained actor. And then you're being hugged by a six-foot-five black woman with a lot of hair and a lot of boob — it's a lot! So my producers (do pre-interviews and) give me all I need to know, and then I go out there and make people feel as warm as I possibly can, because the goal of me as a host is to keep you coming back for more."



Pop goes the week

## Selena is so over Bieber, Lady Gaga is so over her old wheelchair



STARGAZING  
Malene Arpe  
scene@metronews.ca

**Lady Gaga switches her post-operation 24-carat gold wheelchair for a Louis Vuitton wheelchair.**

In unrelated news I just switched my moderate queasiness to full-blown nausea.

**Robert Pattinson and Kristen Stewart reportedly spent the Easter holidays together.** They enjoyed ham, chocolate, clumsy hugs and awkward silences.

**Selena Gomez says she isn't looking for a boyfriend after breaking up with Justin Bieber.** Understandable. After

dating a no-shirt-wearing, neighbour-aggravating, drop-crotch-pants-loving, too-many-cars-owning, non-stop-partying, and compulsively-instagramming-monkey fancier it would be difficult to settle for less.

**This week Lindsay Lohan allegedly took home a whole bunch of stuff from the Anger Management set and she was photographed hiding under a table on a dirty floor in a Brazilian night club.** Even Justin Bieber is concerned.

**Madonna's alcoholic brother, who lives under a bridge, says Madonna doesn't "give a bleep if he's dead or alive".** Says a rep for Madonna: "That's not true at all. Once upon a time Madonna and two billy goats came upon her brother's bridge and tried to pass and it became this whole thing. Not her fault at all."

**Amanda Seyfried is mistaken for Lindsay Lohan at an airport.** That



explains Amanda's emergency face tattoo and sex change surgery.

**Dido says son Stanley wasn't named after Stan, her famous collaboration with Eminem.** She does however admit that her tea's gone cold on several occasions.

**HBO's Game of Thrones is renewed for a fourth season.** The House of Duh is not surprised.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Katy Perry has familiar shoulder to cry on after split with John Mayer

While Katy Perry recovers from her breakup with John Mayer, she's reportedly turning to a very surprising source for comfort: ex-husband Russell Brand.

Sources tell Radar Online that Perry has been texting Brand for advice following her split.

"Russell may appear like a comic book character, but he's got a wise head on his skinny shoulders," a source says. "Katy reached out to him after she split with John, bemoaning her luck with men, and Russell provided her with some much-needed reassurance. He flattered her with compli-



Katy Perry

ments and just listened to her every word. Russell also used his wit to cheer Katy up."



Amanda Bynes

## Amanda: is this photo OK?

Amanda Bynes has a bone to pick with members of the press who are reporting on her wild and unpredictable antics on Twitter: They're not using the right photos. "They write a news article about every tweet I write, and I hate the picture they choose. They repeat what I tweet then add a bad photo," Bynes posted to her Twitter account, asking that the press "only use photos from my Twitter when writing an article about me." And she has a punishment lined up for outlets that don't adhere to her rules. "I'm putting a photo up of everyone writing articles about me from now on," she wrote. "I ask you to choose photos from my Twitter so I'll do the same."



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# Secret to parenting equality? Saving time

**New book.** Metro's family columnist weighs in on Facebook chief operating officer's new book



IT'S ALL RELATIVE  
Kathy Buckworth,  
kathybuckworth.com

Chief operating officer of Facebook, Sheryl Sandberg, is encouraging women to "Lean In" to their careers, with her book of the same name. Essentially, she is tackling the age-old dilemma of how women should compete in a "man's world."

She argues that unless women approach a relentless pursuit of success at the office, we will never be able to achieve equality at home, both in terms of domestic responsibilities and raising the kids. According to Sandberg, one day the sight of watching a man do laundry will be "sexy."

While I'm not sure about that — productive, useful and obvious come to mind far before the word sexy does — I do agree that we need to find ways to be more efficient at home to get some equal footing.

In fact, as I wrote about in my new book *I Am So The Boss Of You: An 8 Step Guide To Giving Your Family The Business* I concur that applying a more structured approach to the home is one way to get some



Dad's cooking doesn't get questioned by the kids nearly as much as mom's. ISTOCK

control into the "wild ride" of parenting. And part of that structure has to include an equalization of domestic duties. But ultimately I don't think that moms will have achieved equality with dads until we can save time like they do.

Only a dad can throw out kids' artwork without attempting to a) hide it under all the recycling first or b) photographing and scrapbooking parts of it first or c) feeling guilty about it for a week. Not so for us moms.

Dads can call a sloppy

together meal Cowboy Casserole and get the kids to eat it without them once questioning the origin or the pedigree of the ingredients. I usually have to prove to them why my cooking isn't bad.

And how about the amount of time moms spend on making sure that we dress ourselves appropriately? Just consider how easy life would be at home if we didn't mind throwing on socks and sandals while proudly parading around in corporate logoed golf-shirts. Think of the accumulated minutes we could

save just by not tucking in a shirt on the weekends.

But that's not all. Until we can liberate ourselves from the brain space required to know the last time the seven-year-old had a shower, the 10-year-old went to the dentist or the 14-year-old cracked open a textbook, most moms will still be more worried about falling over (with exhaustion), than leaning in.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @ KATHYBUCKWORTH.

## From picnic crashers to pets

What does it take to elevate the common ant from picnic pest to household pet?

To thousands of children and many adults, the answer is a bit of soil and a see-through enclosure that, in these modern times, can be made from an extra CD case or bought tricked out with projection lights.

Ant farms, the narrow glass or plastic containers filled with soil that mimic ant colonies, have been popular among generations of children, and marketers say they remain in-demand even in the age of computers and video games.

Uncle Milton Industries, a Los-Angeles-based company



Ants exploring an ant farm toy. AP PHOTO/DAMIAN DOVARGANES, FILE

that has been in business for six decades, has sold more than 20 million ant farms. Company

founder Milton Levine and his brother-in-law invented the ant farm nearly 60 years ago.

"As the world gets more complex, some of these classic toys become more popular," said Ken Malouf, vice-president of marketing and product management.

Ant farms can be an easy way to help nurture a child's interest in insects, since they can be homemade or purchased.

The idea is to help kids discover nature and its critters in the hope it will make them curious about the world around them, Malouf said.

He doesn't recommend toying too much with the ant farm, or leaving it in places where it can be knocked over.

THE ASSOCIATED PRESS

### Exclusively online

Family-friendly brunch: where the restaurant is overrun with screaming children. Follow the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices.



### New mom memoirs

#### Everything is Perfect When You're a Liar

Kelly Oxford is one of Twitter's favourite personalities. Go behind the scenes of her family life in her new collection of essays, out now.



#### Baby Steps: Having the Child I Always Wanted (Just Not As I Expected)

Actress Elisabeth Röhm details her struggles with infertility while trying to remain in the Hollywood scene.



#### Moms Who Drink and Swear: True Tales of Loving My Kids While Losing My Mind

Nicole Knepper chronicles the utter lunacy that comes with being a parent, with glass in hand.



#### Bloom: Finding Beauty in the Unexpected

Kelle Hampton's best-selling memoir about raising a daughter with Down syndrome is out in paperback.

METRO WORLD NEWS





# You've boiled and fried it, so why not bake it as well?

KAREN HUMPHREY  
YummyMummyClub.ca

As a child, baked rice was one of my favourite side dishes.

Back in the '70s, packets of pre-seasoned rice mixes weren't nearly as popular as they are today, and many foods were made from scratch instead. Forget about the excessive amounts of salt and dried out veggies in the packaged mixes, this version gives you loads of healthy veggies and real food ingredients.

1. Pre-heat oven to 350 F.
2. In an oven proof Dutch oven over medium heat, melt about 1 tbsp butter. Add the onions, celery, garlic and chili, and sauté until softened, about 5 minutes. Stir in the carrot and continue to sauté another 2 minutes.
3. Add the rice to the pot,



Make this a meal by adding garlic shrimp or chicken. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

stirring and cooking about a minute before pouring in the chicken broth and zest over top. Bring to a boil before covering with lid and putting pot in the oven to bake 40 minutes.

4. Remove pot from oven, then stir in the frozen peas, parsley, thyme and almonds. Put the lid back on the pot and allow it to sit for a few minutes. The heat from the rice will thaw the peas

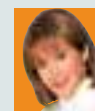
## Ingredients

- 1 tbsp butter
- 1/2 cup onion, chopped finely
- 1/2 stalk celery, chopped finely
- 1 garlic clove, minced
- 1 thai chili, seeded and minced finely (optional)
- 1/2 carrot, peeled and chopped finely
- 3/4 cup long grain white rice
- 1 1/2 cup chicken broth
- 1 lemon, zested
- 1/3 cup frozen peas
- 2 tbsp chopped fresh Italian parsley
- 2 tsp chopped fresh thyme
- handful of chopped almonds
- salt and pepper to taste

and warm them through, and the cold peas will cool the dish a little. Season with salt and pepper. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.**

## Healthy eating

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### Equivalent

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### McDonald's Big Mac

540 calories / 29 g fat / 1,020 mg sodium

The Big Mac is a better choice with close to a third less calories, fat and sodium.

# Flavour of Spain in rice



Roll this rice up in a soft tortilla with some chopped chicken. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

This Spanish Rice is so easy you can adapt it by adding more vegetables, spices, your favourite salsa, and more.

1. Drizzle some oil into a saucepan and set over medium heat to warm up.
2. When the oil is hot, toss in onion, sweet red pepper, and garlic. Stir and let it cook until onions are clear and soft, about 5 minutes or so.

3. Stir in rice, chicken broth, salsa, chili powder, cumin, salt and pepper. Bring to a boil, then reduce the heat to medium low and partially cover. Cook 25-30 minutes until tender and all the liquid is absorbed. Remove from the heat, fluff with a fork, top with cilantro and serve!

KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA, AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.

## Ingredients

- 1 cup chopped onion
- 1/2 cup diced red pepper
- 1 clove garlic, minced
- 1 cup long grain white rice
- 2 1/3 cups low sodium chicken or vegetable broth
- 1 cup of your favourite salsa
- 1/2 tsp each chili powder and ground cumin
- 1/4 tsp salt and black pepper
- chopped fresh cilantro

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# Rocker hails music as a social saviour

## The Gene rule.

Musical training can help compose a confident youngster, says Simmons

Kiss frontman Gene Simmons made a surprise appearance at a Sioux Falls benefit concert Saturday, where he spoke of music's power to positively shape children's lives.

Simmons's appearance came on the final day of a week of concerts to benefit the music academy for Sioux Falls Boys & Girls Clubs members.

"This is about kids. We've had our chance. We've got to give them a chance. Anything that gets them off the street is a good thing," Sim-



Throwing them a tune-making tool might just be instrumental in the development of their personality. ISTOCK

mons said.

Music, Simmons said, is self-empowering.

"It doesn't matter if you become a star. If you don't

believe in yourself and get up on stage, everybody is watching. You can feel the power ... and it helps you get through life, especially when

you're impressionable."

He said getting involved in music — whether it's learning to play an instrument or sing karaoke — im-



Gene Simmons  
GETTY IMAGES

## Stage flight

"You can feel the power ... and it helps you get through life, especially when you're impressionable."

Gene Simmons on performing music live

song, it could be Mary Had a Little Lamb, it doesn't matter, but at least it's something you've played," Neil said. "And I think for kids, they could go into a whole other direction because they accomplished something."

Neil said he was 10 when he first started taking guitar lessons.

"I was terrible," he said laughing. "That's why I'm not a guitarist. I went into the other direction."

proves social skills, too.

Motley Crue singer Vince Neil was also at Saturday's show, and he, too, expounded on the positive benefits of music.

"Say you finish your first

# Work in bursts to maximize productivity

**Q & A.** Metro talks to consultant about how to get the most out of every work day

**DOUGLAS SMITH**

Metro World News in New York

Some days, you feel like you got nothing done at work. It's not uncommon. The email inbox grows, instant messages pop up and colleagues interrupt your workflow. Productivity consultant and author of *The Accomplishing More With Less Workbook* Pierre Khawand says. "When we are working a few minutes here and a few minutes there, we are staying at the superficial level and not get-

ting deep into anything." Here are his strategies for digging in deeper to get more work done.

## How can people reach their level of optimal productivity?

The first element has to do with how results change with time when we are working on a task. When we start to work on the task, we get results. But at some point, the results level off and then diminish, because either we get mentally tired and are no longer productive, or we need someone else to do their part before we can continue. This is all good in theory, but what happens in reality is that a few minutes after we start to work on a task, we get interrupted. When we get interrupted, our results go down to zero — this happens again and



Juggling multiple duties at once is not the key to productivity — instead, try alternating between "focused" and "collaborative" tasks. ISTOCK

again and again. It's part of life in today's work environment.

## So how do we stay on task?

A key element is starting the day by identifying what we intend to accomplish that day and ending the day with a rec-

onciliation process. That ensures that we close the loops on open issues. Instead of starting the day with email, we should stop for a minute or two to reflect on what is important and what we want to accomplish. Then, put it in writing.

The idea is that we need to stay focused long enough so that we can achieve in-depth thinking, creative problem solving and get meaningful things done. Depending on the task, it can be 15 minutes, 30 minutes or several hours. Once we have accomplished something meaningful, it is time to stop our "focused" session, and switch to being collaborative — handle email, phone calls, have live discussions. This is the collaborative work where we get the most of our team productivity and equally important results. After the collaborative session, it is time to take a break — do something that gets us re-energized and ready for the next focused session. No significant productivity gains, and therefore no signifi-

## Burst out:

Working in bursts manages tasks, interruptions and energy. It makes you feel invigorated and accomplished as a result.

- Alternate between focus, collaboration and play.
- Be intensely and wholeheartedly in each burst. That's what the "burst" label is for — to maximize output.

cant accomplishments, can be achieved if we don't optimize our workflow by recognizing the concepts described above: focus, collaborate, then play!



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# Take eBay all the way

**Budding bid-ness.**  
A self-employment strategy that's as easy as a click and a sale

**BRUCE WALSH**  
Metro World News

In 2008 Dave Stewart was laid off from his maintenance tech position at a Pennsylvania nursing home. The news came as a shock and, as a result, he decided to take his career in a radically different direction.

Stewart is now one of a select few Americans that make their living through eBay. (The company claims 1.3 million sellers worldwide, but experts believe the number of individual, primary-income eBayers to be much smaller.)

"I no longer wanted to be dependent on someone else providing me with paycheques, because I saw that you couldn't rely on it as much as I did," says Stewart, from his home in Bucks County, Pa. "I wanted to be self-employed, but wasn't quite sure how to get there."



A retail empire you can run from the comfort of your coffee table? Yes please! iStock

Inspiration struck, along with a bit of luck. He discovered a stockpile of obsolete car parts in his grandfather's cavernous garage. While his family was skeptical, Stewart was convinced there was a market for outdated parts.

"It started out as an experiment — just a few parts on the (eBay) page. They really sold fast, and I had an inkling I was on to something," says Stewart. "Pretty soon, I had an eBay store, and I couldn't keep up with the orders."

Stewart's success wasn't based on luck alone. He operates his business with the

systematic, detailed approach you'd expect in a much larger operation. Every one of the 1,600 items in his eBay store is researched thoroughly and displayed with precise photos and descriptions. These days, car parts represent less than half of the items in his store.

"To be successful on eBay, you have to be a salesman. It's like other sales jobs, if you're good at it, you can make a living — but only if you're good," says Stewart. "It's all about keeping people's interest with new merchandise. You can't just let it sit there and expect to make something."

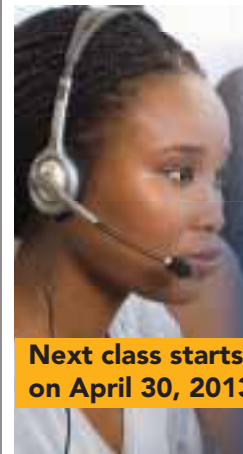
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# Benefits or bucks?

## Pennies vs. protection

It's not all about the number that shows up on your paycheque

YLVA  
VAN BUUREN  
CareerBear.com

OK, how much you make matters — it dictates where you live, where you shop, whether or not you can afford a holiday this year, or a new car. But pay attention to the benefits package the new job is offering, because benefits can be as good as money in the bank.

Salary can be one of about a dozen components of a job offer, and those components, ranging from financial incentives to holiday time, are all considered benefits in today's workplace, according to Stefan Danis, CEO of Mandrake and NEXCareer.

"Benefits are in many ways far more important than salary because of the sheer number that can be on the table," says Danis. "And in effect, they do equal real dollars."

Companies are increasingly looking at their workforce as individuals, as opposed to groups, and providing as much customization of benefits as possible. "One person's needs are different from another's. One might need an optometrist, another might need a dentist," says Danis.

"I recommend that when people negotiate a job offer, they have a written map of what they need and what



"It really boils down to what you value in life," says Stefan Danis. "Do you value money in your pocket, or do you value other things?" ISTOCK

## Rich in resources

**"Benefits are in many ways far more important than salary because of the sheer number that can be on the table. And in effect, they do equal real dollars."**

Stefan Danis  
CEO of Mandrake and NEXCareer

they want in terms of money and benefits. If the employer can meet or exceed the need, great."

Here is a checklist of different benefits to weigh against the salary being offered.

## Bonus

Find out exactly how your bonus is measured and ensure you can deliver. If it's a bonus that will be earned over both a short and long term, one strategy is to negotiate a lower amount in the short term but substantially more later, says Danis.

## RRSP contributions and pension

Retirement income plans used to be the hallmark of benefits but they're not so much anymore, says Danis. Be sure to read the fine print if they are.

## Performance appraisal

"Many organizations will review your salary 18 months after joining ... try to accelerate the review," says Danis.

## Technology

Does the company supply equipment such as cellphones, iPads, tablets and laptops?

## Transportation

Depending on the job, travel allowance, parking and car allowance can be important.

## Holidays

Holiday time can be a deal breaker, says Danis. "People will fight harder against having to take less holiday time than less money." If a person has three weeks where they are now, they'll want three weeks where they're going.

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# Socked! Blue Jays' Dickey decimated by Boston



Jays pitcher R.A. Dickey watches manager John Gibbons approach the mound to pull him from the game in the fifth inning against the Red Sox on Sunday in Toronto. Dickey allowed seven earned runs in 4 2/3 innings. CHRIS YOUNG/THE CANADIAN PRESS



Jays players watch from the Rogers Centre dugout during Sunday's blowout loss. DAVID COOPER/TORSTAR NEWS SERVICE

**MLB.** Former manager John Farrell gets last laugh, leaving Toronto with series win after blowout finale

He's 0-2 with a lofty 8.44 earned-run average and opponents are hitting .326 against him. But R.A. Dickey feels he's very close to the form that made him a 2012 Cy Young Award winner.

Will Middlebrooks homered three times and doubled as the Boston Red Sox hit knuckleballer Dickey hard early en route to a lopsided 13-0 win in Toronto on Sunday afternoon.

"I think you try to draw from some of the past experiences and know that a day like today is the anomaly, not the norm," Dickey said. "I've traditionally gotten off to pretty slow starts in the past. I'm not sure why, that's just the way it has been."

"I'm looking forward to the rest of the month. I know I'm close and so if I can just kind of sit in that, that I'm almost there, I think it will be all right."

Fortunately for Dickey, he doesn't have far to look. In April 2012, he surrendered eight earned runs over 4 1/3 in-

On Sunday

13

Red Sox

0

Blue Jays

nings in a 14-6 loss to Atlanta, his worst performance as a New York Met, and still posted a 20-6 record last season.

"Atlanta last year was maybe a tad worse than this one," Dickey said. "You have to understand with 33 starts you have a handful you just have to throw out and hopefully the majority of them end up the way you want to."

"But you've got to learn from it too, you have to have aptitude in this game."

Middlebrooks' two-run shot helped anchor a five-run first off Dickey as Boston (4-2) earned the rubber game of the series before 41,168 spectators at Rogers Centre, many resorting to a "Go Leafs Go" chant late in the contest. Middlebrooks added to their angst with solo blasts in the fifth and seventh innings for his first career three-homer contest, giving him four this season.

THE CANADIAN PRESS

## Jets turn it around versus Flyers



Bryan Little and Blake Wheeler celebrate Little's goal on Saturday at MTS Centre.

THE CANADIAN PRESS

The Jets' top forwards found their game in time to get Winnipeg's playoff hopes off life support, at least for now.

Evander Kane and Bryan Little each scored during a four-goal barrage in the second period and the Jets stunned the surging Philadelphia Flyers 4-1 on Saturday.

"We are woefully inconsistent," said coach Claude Noel,

who praised the way the Jets played a more focused team game to snap a five-game losing streak.

Before they started their slide in late March, the Jets were in control in the Southeast. Now they're fighting for their lives.

The Jets (19-19-2) now have 40 points and, after the Capitals' 4-2 win over the Tampa

Bay Lightning on Sunday, sit two points back of Washington for first in the Southeast.

Kane said it's time Winnipeg's top lines started making it work.

"Our top players have to be hot and get our team going and I thought we did a good job of that tonight," said Kane, who had a goal and an assist as the Jets scored four in less than

seven minutes in the second period.

"We had to win this game to give ourselves a shot to even make the playoffs. Our season's on the line right now."

Grant Clitsome and Kyle Wellwood scored Winnipeg's other goals, while Andrew Ladd and Blake Wheeler picked up assists Saturday.

THE CANADIAN PRESS

Davis Cup

### Raonic lifts Canada to semis

Milos Raonic helped take Canada where it's never gone before at the Davis Cup.

Raonic defeated Andreas Seppi 6-4, 6-4, 3-6, 7-5 on Sunday and Canada advanced to the World Group semifinals for the

first time by defeating Italy 3-1 in their quarter-final tie.

Canada will next face Serbia in the World Group semis in September.

Serbia, which features the world's top player Novak Djokovic, wrapped up its quarter-final tie with the U.S. Sunday when Djokovic defeated Sam Querrey 7-5, 6-7 (4), 6-1, 6-0. THE CANADIAN PRESS

Golf

### Laird outlasts McIlroy in Texas

Martin Laird tied the course record with a 9-under par 63 to hold off Rory McIlroy to earn his first win in more than two years at the Texas Open. Laird began Sunday four shots behind leader Billy Horschel, but posted a bogey-free round to finish 14 under



Martin Laird tips his cap after Sunday's win in San Antonio. GETTY IMAGES

overall and earn the third win of his career.

THE ASSOCIATED PRESS

NCAA



"To be back in this situation definitely

means the world to alumni and it means the world to us."

Michigan coach John Beilein, whose Wolverines face the Louisville Cardinals in Monday night's championship. Michigan hasn't made the big game since 1993.

4-SPORTS



Sweden skip Niklas Edin, left, stretches as Canada skip Brad Jacobs looks on during the gold-medal draw at the world men's curling championship in Victoria on Sunday. JONATHAN HAYWARD/THE CANADIAN PRESS

## Jacobs rink falls short to Sweden for world gold

**Curling.** Squad fails to bring home first world title to Northern Ontario since 1985

Canada's world men's curling championship reign has ended after three years.

Brad Jacobs's Northern Ontario rink fell 8-6 to Sweden's

Niklas Edin in the gold-medal game in Victoria on Sunday night.

The Sault Ste. Marie, Ont., rink had hoped to complete a fourth-place to first-place run after entering the playoff round with two straight losses. The Jacobs rink also fell short in its quest to win the first world crown for a Northern Ontario rink since Al Hackner's Thunder Bay rink triumphed in

1985.

Jacobs's rink was the first Northern Ontario team to win the Brier and gain entry to the worlds since then.

Edin captured his first world men's crown after serving on bronze-medal-winning teams in 2011 and 2012. He also played on a Swedish team that won a world junior men's title in 2004.

THE CANADIAN PRESS



## Melo makes it 12 in a row

New York Knicks forward Carmelo Anthony dunks between Thunder forwards Nick Collison, left, and Kevin Durant in the second quarter of their game in Oklahoma City, Sunday. The Knicks won 125-120 for their 12th-straight win. SUE OGROCKI/THE ASSOCIATED PRESS

### Winter Classic

## Leafs, Wings get another chance to play outdoors

The NHL's Winter Classic is getting a do-over.

The Toronto Maple Leafs will get a chance to play the Detroit Red Wings in the outdoor game at Michigan Stadium on Jan. 1, 2014, a year after it was originally scheduled.

The Ann Arbor, Mich., stadium — nicknamed "The Big House" — holds just over 107,000 fans, so it's anticipated the game will mark a world record for hockey attendance.

"The history of the teams' cross-border rivalry, the nobility of The Big House, and the growing tradition of the NHL Winter Classic will raise the anticipation for this event to new heights," commissioner Gary Bettman said in a statement. "We are delighted to offer our fans a spectacle at which the energy will be unmatched and the demand for tickets will be unprecedented."

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metro

### NBA

#### EASTERN CONFERENCE

	W	L	Pct	GB
z-Miami	60	16	.789	—
x-New York	50	26	.658	10
y-Indiana	48	29	.623	12½
x-Brooklyn	44	32	.579	16
x-Chicago	42	34	.553	18
x-Atlanta	42	36	.538	19
x-Boston	40	37	.519	20½
x-Milwaukee	37	39	.487	23
Philadelphia	31	45	.408	29
Toronto	29	48	.377	31½
Washington	29	48	.377	31½
Detroit	26	52	.333	35
Cleveland	24	52	.316	36
Orlando	19	59	.244	42
Charlotte	18	59	.234	42½

#### WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	57	20	.740	—
x-Oklahoma City	56	21	.727	1
x-Denver	53	24	.688	4
y-L.A. Clippers	51	26	.662	6
x-Memphis	52	25	.675	5
Golden State	44	33	.571	13
Houston	43	34	.558	14
Utah	41	37	.526	16½
L.A. Lakers	40	37	.519	17
Dallas	37	39	.487	19½
Portland	33	43	.434	23½
Minnesota	29	47	.382	27½
Sacramento	27	50	.351	30
New Orleans	26	50	.342	30½
Phoenix	23	53	.303	33½

x — clinched playoff berth; z — clinched conference.

#### SUNDAY'S RESULTS

New York 125, Oklahoma City 120  
L.A. Clippers 109, L.A. Lakers 95  
Memphis 89, Sacramento 87  
Boston 107, Washington 96  
Cleveland 91, Orlando 85  
Detroit 99, Chicago 85  
Utah 97, Golden State 90  
New Orleans at Phoenix  
Dallas at Portland

#### SATURDAY'S RESULTS

Washington 104, Indiana 85  
Brooklyn 105, Charlotte 96  
Miami 106, Philadelphia 87  
Minnesota 107, Detroit 101  
San Antonio 99, Atlanta 97  
Milwaukee 100, Toronto 83  
Denver 132, Houston 114

### NHL

#### EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
d-Pittsburgh	39	29	10	0	0	127	95	58
d-Montreal	38	25	8	3	2	120	91	55
d-Washington	39	20	17	2	0	117	110	42
Boston	37	24	9	2	2	102	79	52
Toronto	38	21	13	0	4	117	106	46
Ottawa	38	19	13	2	4	94	85	44
NY Rangers	38	19	15	0	4	93	90	42
NY Islanders	39	19	16	3	1	113	119	42
Winnipeg	40	19	19	0	2	98	120	40
New Jersey	38	15	14	3	6	90	103	39
Philadelphia	38	17	18	1	2	106	118	37
Buffalo	38	15	17	2	4	102	116	36
Carolina	37	16	19	1	1	97	115	34
Tampa Bay	38	16	20	0	2	121	114	34
Florida	39	13	20	5	1	96	132	32

#### WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
d-Chicago	38	29	5	0	4	128	83	62
d-Anaheim	38	25	8	2	3	117	95	55
d-Vancouver	38	21	11	1	5	103	95	48
Los Angeles	38	22	13	1	2	111	92	47
San Jose	38	20	11	3	4	98	94	47
Minnesota	38	22	14	1	1	103	97	46
St. Louis	37	21	14	1	1	106	98	44
Detroit	39	19	15	3	2	99	101	43
Phoenix	38	17	15	2	4	105	104	40
Dallas	38	18	17	2	1	104	117	39
Edmonton	38	16	15	4	3	100	106	39
Columbus	39	16	16	3	4	91	104	39
Nashville	40	15	17	2	6	96	109	38
Calgary	37	13	20	1	3	99	133	30
Colorado	38	12	21	4	1	89	121	29

#### SUNDAY'S RESULTS

St. Louis 1 Detroit 0  
Dallas 5 San Jose 4 (SO)  
Florida 2 Ottawa 1  
Minnesota 3 Columbus 0  
Washington 4 Tampa Bay 2  
Chicago 5 Nashville 3  
New Jersey at Buffalo  
Los Angeles at Anaheim

#### SATURDAY'S RESULTS

Winnipeg 4 Philadelphia 1  
Chicago 1 Nashville 0  
Los Angeles 4 Edmonton 1  
NY Islanders 4 Tampa Bay 2  
Toronto 2 New Jersey 1  
NY Rangers 4 Carolina 1  
Montreal 2 Boston 1  
Washington 4 Florida 3  
Phoenix 4 Colorado 0  
Vancouver 5 Calgary 2

### MLB

#### AMERICAN LEAGUE

##### EAST DIVISION

	W	L	Pct	GB
Boston	4	2	.667	—
Baltimore	3	3	.500	1
Tampa Bay	3	3	.500	1
New York	2	4	.333	2
Toronto	2	4	.333	2

##### CENTRAL DIVISION

	W	L	Pct	GB
Chicago	4	2	.667	—
Minnesota	4	2	.667	—
Cleveland	3	3	.500	1
Detroit	3	3	.500	1
Kansas City	3	3	.500	1

##### WEST DIVISION

	W	L	Pct	GB
Oakland	5	2	.714	—
Texas	3	2	.600	1
Seattle	3	4	.429	2
Los Angeles	2	3	.400	2
Houston	1	5	.167	3½

#### SUNDAY'S RESULTS

N.Y. Yankees 7 Detroit 0  
Boston 13 Toronto 0  
Minnesota 4 Baltimore 3  
Cleveland 13 Tampa Bay 0  
Chicago White Sox 4 Seattle 3 (10)  
Oakland 9 Houston 3  
L.A. Angels at Texas  
MONDAY'S GAMES — All Times Eastern  
Baltimore (Chen 0-0) at Boston (Buchholz 1-0), 2:05 p.m.  
N.Y. Yankees (Kuroda 0-1) at Cleveland (Jimenez 0-0), 4:05 p.m.  
Minnesota (Correia 0-0) at Kansas City (Santana 0-1), 4:10 p.m.  
Tampa Bay (Hellickson 0-0) at Texas (Ogando 1-0), 8:05 p.m.  
Houston (Humber 0-1) at Seattle (Saunders 0-1), 10:10 p.m.

#### NATIONAL LEAGUE

##### SUNDAY'S RESULTS

Cincinnati 6 Washington 3  
N.Y. Mets 4 Miami 3  
Kansas City 9 Philadelphia 8  
Atlanta 5 Chicago Cubs 1  
Arizona 8 Milwaukee 7 (11)  
L.A. Dodgers 6 Pittsburgh 2  
Colorado 9 San Diego 1  
St. Louis 14 San Francisco 3



## Horoscopes

### ♈ Aries

March 21 - April 20

Let fate be your guide. The approaching new moon means you have nothing to fear and everything to look forward to, so stop worrying and expect good things to happen.

### ♉ Taurus

April 21 - May 21

You must listen to your inner voice more over the next few days. It wants to tell you something you need to know, something that will make your life more exciting and enjoyable.

### ♊ Gemini

May 22 - June 21

An idea you had a while back, which you then forgot, will pop back into your head today, and this time you must not let it slip away.

### ♋ Cancer

June 22 - July 23

It may seem as if a friend or work colleague has deceived you in some way but more likely you are getting angry for no good reason.

### ♌ Leo

July 24 - Aug. 23

This week's new moon means you can expect life to take a turn for the better. Not that it's too bad at the moment but you have been worrying a lot about certain issues. Forget them, they really don't matter.

### ♍ Virgo

Aug. 24 - Sept. 23

Your vibrant personality draws people to you. Everyone wants to be your friend. If you are free and single this is an excellent time for new romance. If you are attached, spice up your love life.

### ♎ Libra

Sept. 24 - Oct. 23

You want to believe that a certain person is trustworthy but something about their attitude makes you wonder if that is wise. Listen to your instincts – they rarely let you down.

### ♏ Scorpio

Oct. 24 - Nov. 22

A creative idea could make you a fortune, IF you have the courage to follow it through to completion. Don't let everyone know about it though.

### ♐ Sagittarius

Nov. 23 - Dec. 21

Life is good and will get even better. The approaching new moon suggests it's time to step up a gear and make sure the world knows who you are and what you can do.

### ♑ Capricorn

Dec. 22 - Jan. 20

Whatever it is you are working on will bring huge success. Friends and rivals will be amazed at how quickly and easily you turn a good idea into a concrete reality.

### ♒ Aquarius

Jan. 21 - Feb. 19

Social activities of all sorts will bring you a great deal of joy over the next few days. Don't sit at home staring at the same four walls, get out there and have fun.

### ♓ Pisces

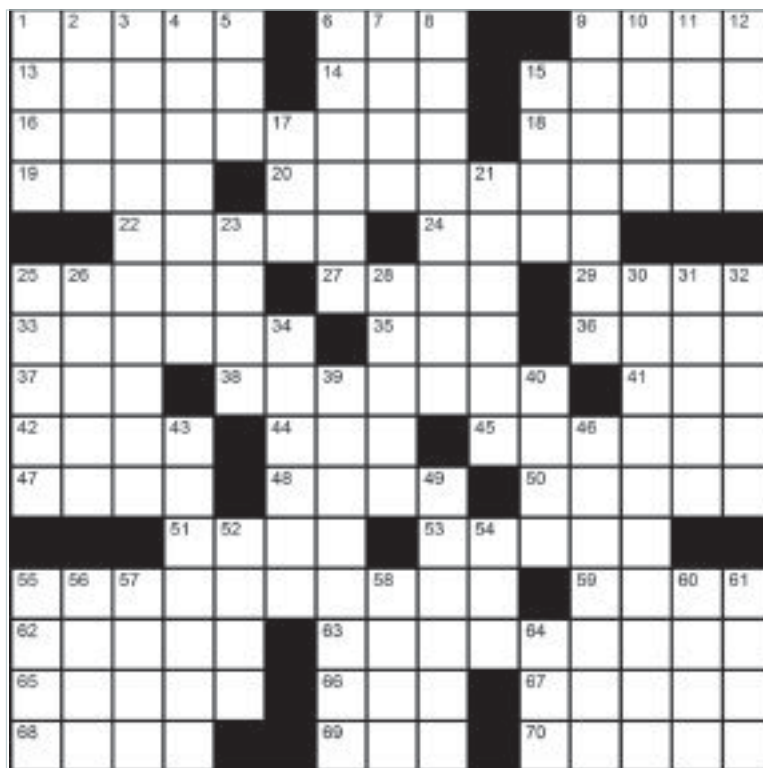
Feb. 20 - March 20

A number of things in your life may look the wrong way up at the moment but before this week is over everything will make perfect sense. Just wait, watch and listen between now and Wednesday. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- Country legend Ms. Cline
- Nero's 1101
- Not us
- "Elvis: \_\_\_ from Hawaii" (Satellite-beamed special of 1973)
- Geological period
- What place?
- They're frequently applied on "Dancing with the Stars": 2 wds.
- Luau dances
- Selected
- St. Francis Xavier University's locale in Nova Scotia
- Rain clouds
- Alum
- Canadian performers' union
- Ms. Yothers of "Family Ties"
- Bible mountain
- Sandbanks
- X - III = ?
- Mil. unit
- Oz musical, with The
- Opera great Mr. Pavarotti
- Scheming
- Succulent plant
- Bakery offering
- The \_\_\_ Family (Family of Canadian hockey players)
- \_\_\_ sign
- Halts
- Uses a sieve
- Bereft, in poetry



- TV clicker, when used to decrease volume
- Conrad Black, formerly: 2 wds.
- Prima donna
- Be a being
- Canadian voicer

- Shrek: 2 wds.
- Demise
- 'Verb' suffix (Wordy)
- Actress Ms. Suvari's
- Baffin, et al.
- "The Simpsons"

- character Mr. Flinders
- Subtractin' opposite

### Down

- Yore
- Dog food brand

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

BY KELLY ANN BUCHANAN

- "Whoopee!"
- Be sincere: 2 wds.
- Abbr. indicating there's another page
- Badge
- \_\_\_ Bay, Ontario
- Prefix to 'copter'
- Epochs
- Interlock
- "Slow down!"
- Key above Caps Lock
- Millet, and others
- West Edmonton
- Nile River dam
- South American country
- Covered-in-foliage buildings
- Dearest pal: 2 wds.
- Shoelace tip
- \_\_\_, \_\_\_. (Astr. length units)
- Brilliant
- Raisin toast spice
- Boot
- Signs up
- Like psychedelict-style T-shirts
- Montreal specialty, \_\_\_ meat
- Pledge
- 'Trib' ending
- \_\_\_spa
- Former flames
- Radio tuner
- Ascend
- True: French
- 'A' of NBA, for short
- UFC sport

## Friday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Friday's Sudoku



## Weather

TODAY

TUESDAY

WEDNESDAY



MAX: -5°  
MIN: -9°



MAX: -2°  
MIN: -11°



MAX: -4°  
MIN: -8°



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subaru.ca

\*Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. \*MSRP of \$25,995 on 2014 Forester 2.5i (EJ1X0). MSRP excludes Freight & PDI of \$1,595. Taxes, license, registration and insurance are extra. \$0 security deposit. Model shown is 2014 Forester 2.0XT Limited Package (EJ2 XTL) with an MSRP of \$35,495. †Power rear gate: Available on 2.5i Touring, 2.5i Limited and 2.0XT Limited models only. ‡X-MODE™: Equipped in CVT models only. Dealers may sell for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.



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### 2012 Subaru Outback 3.6R AWD



Fully equipped incl. sunroof, heated seats & more. Demo Savings! Not exactly as shown. Stk. #12265

SALE PRICE  
**\$29,960**

### 2011 VW Jetta



Sporty manual transmission, air, PW, PL and more. Only 50,000 kms. Stk. #13077B.

SALE PRICE  
**\$14,980**

### 2012 Subaru Legacy Touring Package



Fully equipped incl. sunroof, heated seats, all power options. Demo savings! Not exactly as shown. Stk. #12163

SALE PRICE  
**\$24,960**

### LEGACY

2011 Subaru Legacy  
Conv. Pkg. AWD  
Only 15,000 kms. Stk. #13268A  
**\$21,960**

2010 Subaru Legacy  
2.5 AWD  
Sporty manual. Stk. #13309B  
SALE PRICE  
**\$19,260**

### 2006 Toyota Sienna LE AWD



Safe family transportation. New tires and more. Stk. #13105A

SALE PRICE  
**\$15,960**

### 2012 VW Golf Trendline



BEST PRICE ON A VW!! Auto, air and more, factory warranty. Stk. #92440

SALE PRICE  
**\$15,910**

### 2009 Subaru Impreza AWD



Local lease return, MT, air, PW, PL, low kms Vehicle not exactly as shown. Stk. #92650

3 AVAILABLE FROM  
**\$14,960**

### WRX

2010 Subaru WRX  
Ltd. AWD  
Silver Sedan 48k. Stk. #92660

2010 Subaru WRX  
AWD

Black Hatchback 59k. Stk. #92760

2010 Subaru WRX  
AWD

White Hatchback 70k. Stk. #92770